

# Safe Moving and Handling

Level 2 Award in Safe Moving and Handling (QCF)



## Course Description

The Level 2 Award in Safe Moving and Handling (QCF) is a knowledge and competence based qualification for individuals who are either completely new or returning to work in a position involving safe moving and handling. It provides learners with formal recognition of their knowledge and competence. By way of the single mandatory unit, learners will cover the reasons for safe manual handling, the contribution of manual risk assessments for improving health and safety, the types and principles of equipment used in manual handling and how to apply them..

## Who should attend?

There are no formal entry requirements. However, learners should be able to work at level 1 or above and be proficient in the use of English language.

## Course Length

1 Day (pre-course work)  
2 Days (no pre-course work)

## Assessment

All assessment criteria in this qualification are assessed by portfolio, internally set and marked and externally quality assured by the awarding organisation.

## Certification

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## Booking

Book now by calling us on **01322 38 15 15** or book online at [www.tfs-training.co.uk](http://www.tfs-training.co.uk)

## Learning Outcomes Unit 1

The learner will:

- Understand the reasons for safe manual handling
- Understand how manual handling risk assessments contribute to improving health and safety
- Understand the principles, types of equipment and testing requirements associated with manual handling safety
- Be able to apply safe manual handling principles



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